

Ref: U:\Talk\Demand February 2016

Dear Parent

Yours sincerely

J A Dixon

You are invited to a talk in the Old School on Thursday 3 March from 6.00pm until 7.30pm by Dr Aric Sigman on Parenting the Demanding Generation. The talk will be based on his book The Spoilt Generation. In this book he explains how and why authoritative parenting leads to better-adjusted and more competent children, the importance of authority and boundaries in child development and standing up to demanding children.

Dr Sigman will discuss the unconscious misperception that authority versus sensitivity, love and compassion are in some way mutually exclusive, and that by exerting authority, we diminish the caring we want children to have and the affection and trust we want to feel from them. This has implications for a wide range of issues including alcohol, drugs and mental health.

Dr Sigman is a Fellow of the Society of Biology, Associate Fellow of the British Psychological Society and a Chartered Scientist. He has worked extensively with the Department of Health, European Parliament and the Royal College of Paediatrics on teenage health. He has published five books and has worked on teenage health campaigns with the Department of Health. As a health education specialist he lectures at schools, medical schools and to NHS doctors and is a regular guest on television debates. Dr Sigman also travels abroad frequently to study child wellbeing and development in various cultures.

Dr Sigman has received positive feedback from schools he has visited:

"Your exciting talk is still generating positive comments from parents" Uppingham School

"Excellent feedback from parents and colleagues" Oundle School

"It was excellent and I'm delighted with the positive feedback. We'd like to have Aric again" Marlborough College

I would be grateful if you could return the reply slip to the school office by Wednesday 24 February if you would like to attend the talk. I should also point out that the evening session is designed for parents and your son should not attend. Please do not hesitate to contact me should you have any questions regarding the evening.

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Return to: School Office or email to: admin@kings.lincs.sch.uk by Wednesday 24 February 2016. Parenting the Demanding Generation Talk for Parents on Thursday 3 March 6.00 – 7.30pm in the Old School	
 I would like to attend the Parenting the Demanding Generation 6.00pm and 7.30pm in the Old School. I would like 1/2 seats (please circle). 	
Parent's Signature:	Date: