



# Newsletter

## From the New School Catering Team

### September 2015

We are delighted to be providing the catering services from September. The King's School kitchen has a hard working and skilled set of staff to ensure that all of the products for sale have been made fresh on site using seasonal ingredients and sourced as locally as our supply chain will allow.



We would like to see all the students have an input into our food offering and will continue to encourage you to our workshops and aim to set up forums between the school council, food tech and us at regular intervals during the new school year. In addition, we will give parents the chance to try some of our dishes and encourage their feedback at parent consultation evenings throughout the year.

from our *Kitchen* by E&B

The health and well-being of students is a prime concern of The Kings School, Grantham. This concern is also shared with us, Edwards & Blake as your new caterers. With years of experience in educational catering Edwards & Blake provide nutritious, varied and interesting meal choices to suite all tastes and dietary requirements throughout the School. The food is fresh, homemade and will be served in a newly refurbished dining room with the addition of a food pod and updated sixth form facilities.



Our aim along with the School is to provide our students with an exceptional catering experience and to extend your expectations whilst maintaining high standards.

Edwards & Blake are proud to have achieved the following healthy initiatives within our menus:

- Contain no undesirable food additives or hydrogenated fats
- 75% of meals are freshly prepared
- Meat is from farms which satisfy United Kingdom welfare standards
- Menus are seasonal
- No genetically modified ingredients are used
- All eggs are free range



## FREE MINI MUFFIN

This voucher entitles you to a Free Mini Muffin when you spend **£1.50 or more for lunch in the First Week**

# What's on the Menu?

To ensure your day gets off to a great start we will be serving lots of choice for breakfast including freshly made porridge, breakfast yogurts with granola and tasty bacon rolls.



And then to top you up at morning break you will see a selection of freshly prepared sandwiches, baguettes and salads, hot filled pittas, toasted paninis, fruit & yogurt pots.



Lunch will see the arrival of our legendary Street Food range of

Street Wraps



Street Pots



Street Hot Boxes



filled with delicious flavours such as an Onion bhaji, spiced potato & mango chutney hot wrap

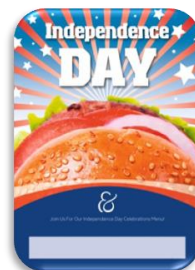
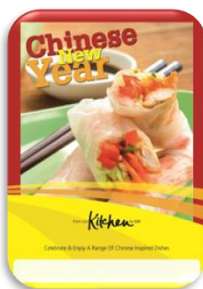
Also on offer everyday will be a delicious homemade choice from

**FROM OUR KITCHEN FAVOURITE** – Local roast pork with stuffing, roast potatoes, apple sauce & fresh market vegetables

**WORLD FOOD** – Beef & Mushroom Lasagne served with garlic mozzarella loaf

**JACKET STATION** – An ever-changing choice of daily fillings, hot and cold

And just when you think there couldn't be any more choice, we regularly hold promotion days to tempt your taste buds!



**All of the team from Edwards & Blake can't wait to see you in September!**



*At the heart of every meal*