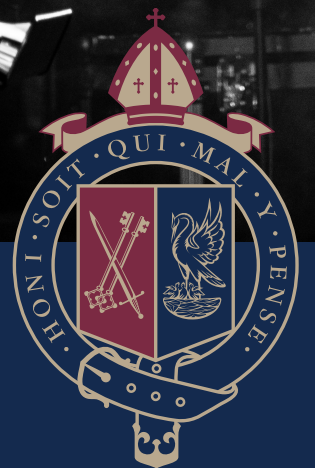


KING'S



THE SPRING ISSUE

2022-2023



Dear Students, Parents and Carers,

As a mild winter comes to an end and spring is certainly promising to appear, our thoughts are focused on being halfway through the academic year.

The Year 11 and Year 13 students are in the final preparations for their examinations. We are pleased to congratulate the following on achieving excellent offers to study at Cambridge:

- Sajeel Bhat to read Economics at Downing College
- Oliver Flavin to read Engineering at Girton College
- Firdaus Khan to read Engineering at Homerton College
- Jaiyi Meng to read Mathematics at Homerton College
- Myles Sadler to read Human, Social and Political Sciences at Robinson College

As you will read, there is a great deal for us to celebrate in this short term and to look forward to hearing about, including the return of the ski trip that is off to Austria during the Half Term Vacation.

As the lighter nights arrive we have a lot of students who already ride their bicycle to school and others that will soon start. Please can I implore students to wear helmets when on their bicycles. The school is in a very busy area and we want all of them to stay safe.

Can I also remind parents that they should not drop students off outside of the school in the mornings. The road is extremely busy and dangerous, and this adds to the potential for an accident.

As you will read in the pages of this newsletter, the term saw the much awaited return of Jazz Nite which was yet again an amazing experience. Thank you to everyone involved in making it such an enjoyable evening.

Thank you for your support and wishing everyone an enjoyable vacation.

Support and hold the date

I am very excited to announce that the PTFA will be running a Summer Ball on 15th July 2023. It has been a long time since the last great evening and it will be wonderful to see the event brought back post Covid-19. Tickets will be going on sale shortly. As always, the main aim of the Ball is to raise much needed funds for the school, and all money raised will go towards purchasing items to support the boys' various clubs and activities.

Please Help

As part of the fund raising the PTFA are asking if any parents can donate raffle prizes.

We will hold a raffle on the night. We would greatly appreciate it if you are able to donate prizes that can be given out to raffle winners.

We would also like to hold an auction if we have a special prize - something that will warrant an auction, like a holiday, a short break, an experience or a luxury / special item. If anyone is in a position to donate to our auction and would like to use this opportunity to promote their business, we will of course, support this.

Please email ptfa@kings.lincs.sch.uk if you have any suggestions.

New Entrance

The new entrance project is coming to an end and we are very excited about the reception moving to Brook Street. Hopefully when the new half term begins the entrance will be open. Parents are asked to use the reception in the middle of the Brook Street building. Students will still use the main gates at the start and the end of the day.

The King's School debating team heading to finals at Oxford University

Every month, The King's School and KGGS run a debate event. We discuss dilemmas from the state of the NHS to the death penalty, but last time we were handed this question: "If you had one superpower, what would it be?" Of course, the debate wasn't to be taken all too seriously, but that's not exactly my style, so after a few minutes of deliberation I decided to pitch in with this: 'I would like the ability to vocalise my thoughts with pinpoint accuracy.' Whilst I didn't win the debate (even I admit it's not as cool as flying), I did soon get the opportunity to realise my power.

Alongside these events, King's runs a weekly debate club, and it was through this club that I was approached by Mrs Cunningham, and Liz Tibbett, a parent helper. They asked whether myself and my friend, Michael Grace, would like to participate in the 'Oxford Schools' debate competition. The event is managed by the Oxford Union and provides competitive debating experience to students aged 14-18 around the country every year (www.oxfordschools.net). We agreed, attending the first practice session three weeks before the competition. It was there that I met the two other competing teams from our school: Tashan Mpundu and Tom Sefton, and Jack Orme and Alex Cant.

To make sure you're up to speed I'll briefly explain how British Parliamentary debating works. In a debate there are 4 teams of 2, who speak in this order: the opening government, the opening opposition, the closing government, and the closing opposition. Before the debate, a 'motion' is announced, and the teams then have 15 minutes to prepare a short 5-minute speech. During the debate, speakers alternate between the government (those who support the motion) and the opposition (those who oppose it). Speaking for the full 5 minutes, as I soon realised, is very difficult. As I also discovered, you need to use your preparation time well and carefully plan the arguments you intend to use. However, for some of your speech, you also need to rebut the arguments made by the opposing side. Eventually I started to feel my confidence growing, and I also grew less intimidated by the other speakers, who all seemed to be considerably more capable.

The regional round of the debate was held online and took place on the 26 January, with 13 schools and 36 teams participating. The motion for round 1 was released at 4:30: "This house would eliminate trial by jury and replace it with trial by judge." For each motion there were 9 debates taking place, and in our debate my team was designated the closing opposition. The opening teams are slightly different to the closing teams: to score highly in the competition, you need to introduce new arguments for your side and allude to why your arguments are of greater calibre than those made by your opening team. You may be on the same side, but you are trying to 'win' the debate.

I elected to be the third speaker for the opposition, and my partner was the concluding speaker; we chose to use the dangers of promoting elitism as the main angle of our argument. It was hard hearing all of the debaters before us speak so eloquently - 5 minutes seems like a very long time when you're listening to someone speak - but when it came to my turn, I suddenly felt confident. When debating you will invariably speak best when you are immersed in your arguments. Then you find yourself running out of time.

The second motion was: "This house believes that the defining decade norm does more harm than good." For those who don't know, the defining decade norm is an idea that suggests that people should use their 20s to their fullest extent, as these are supposedly the most important years of one's life. We were the closing government this time and I was the 4th speaker, or the whip speaker. The role of the whip speakers differs slightly from that of the others. The final speaker is not able to introduce any new arguments, rather they must offer a biased summary of the debate in favour of their side.

Amusingly, whilst we were waiting for the announcements of the 4 teams who had made it through to the finals, the school computer system shut off, and we were forced to re-join the meeting on a phone. We re-joined just in time to hear that our first team - Tom and Tashan - had been among the 4 teams to get through. They'll be going to the finals at Oxford University on the 11 March. So congratulations to them. We're planning to help them practice in the coming weeks, so we'll get plenty more experience, but it has been a really great opportunity. As Tashan said to me, it definitely helped me to "articulately communicate thoughts," which is certainly a skill I will take into the future. I look forward to any debating opportunities which might present themselves in the future.

Theo Flavin, 12F

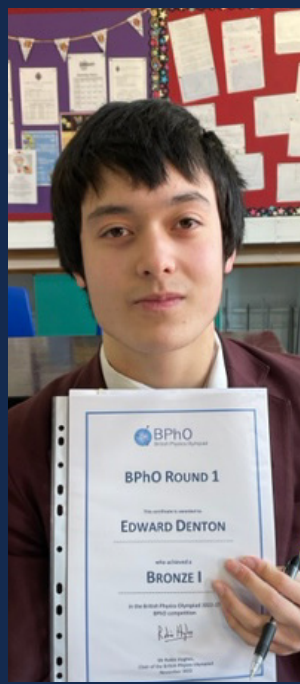
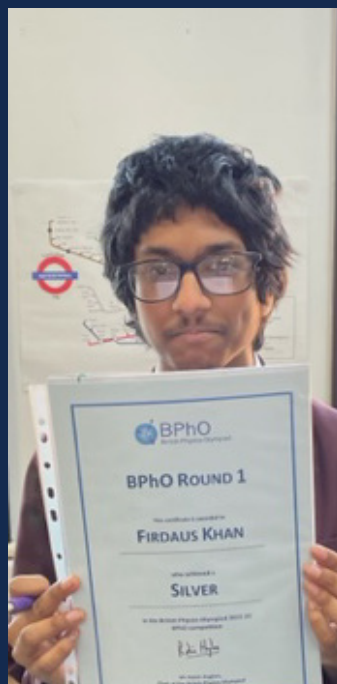
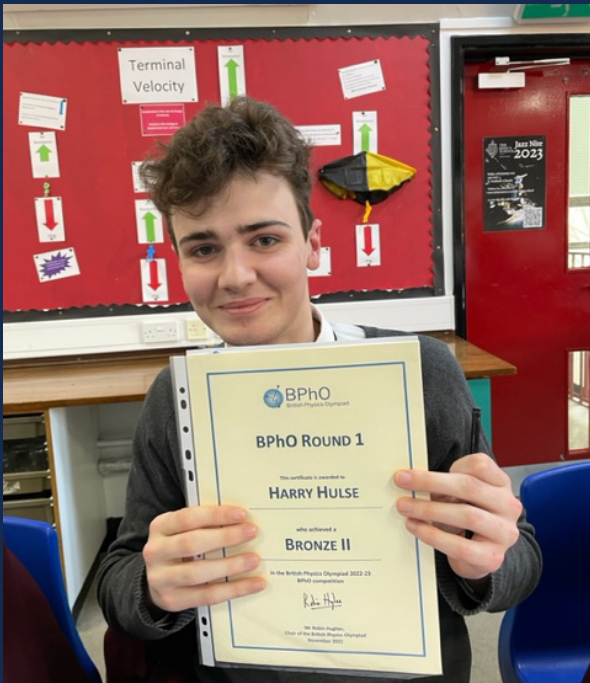
The Debating Team



Departmental News

PHYSICS

In November, five challenge hungry Year 13 physics students chose to sit the British Physics Olympiad Paper 1, a 2 hour 45 minute paper full of long answer open ended Physics questions that cover all topics.



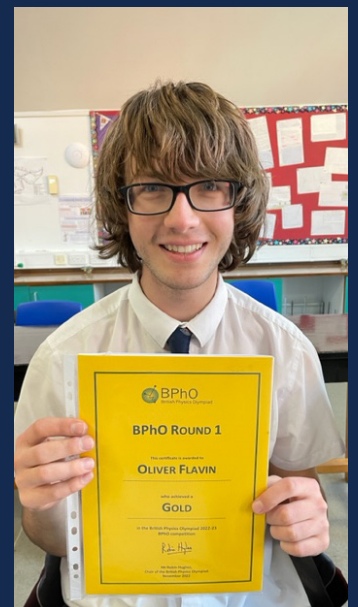
This paper is sat internationally by about 5000 students and it is assessed by a group at Oxford University. The results are now in and the students have done incredibly well, they have gained 2 Gold awards, 1 Silver award and 2 Bronze awards. Special mention should go to: Oliver Flavin and Jason Meng for their Gold awards but a huge congratulations to them all for taking part.

Ogden Trust Physics Quiz

Year 7 students participated in the physics quiz as part of the Ogden trust and in conjunction with other schools around Grantham. Demonstrating their amazing knowledge of physics, the top scorers in the quiz all achieved full marks! The deciding factor was what they said they would ask any scientist of their choice. We had some very interesting answers, including: 'I would talk to The Inventor of the Internal Combustion Engine, Nicolaus Otto. I would ask him what drove him to do it and how did he overcome all the engineering and scientific difficulties to make his engine operate?', 'I would like to meet Marie Curie so that I could ask her how she felt about almost being excluded from winning the Nobel prize just because she was a woman, and what advice would she give to anybody encountering discrimination in the world of science.' and 'I would meet Robert Oppenheimer and ask him whether or not he regrets making the atomic bomb used for the bombings of Nagasaki and Hiroshima or whether he thinks that it was essential to world peace today?'

Congratulations to the following students: William Hewitt (7F), Arthur Fairhead (7F), George Hawkins (7S) and Aiden Pringle (7B). Prizes from the science museum will be awarded to you. Thank you to all of you who took part, you have earned a certificate and a prize as well as house points for your house.

Miss Jones Head of the Physics Department



Departmental News

HISTORY

The Great Debate

On 18 January Riley Brown, Alex Rogerson, Tom Sefton and Jason Zhuo took part in The Great Debate, a public speaking competition, run by The Historical Association and held at the University of Lincoln.

They were joined by students from Carre's Grammar School, William Farr Comprehensive School, Sir Robert Pattinson School, Lincoln Minster and Skegness Academy. Our students spoke well on subjects ranging from personal family histories, American Western films and The Tiananmen Square protests.

Very well done!

Young Quills

Students from Years 7 to 10 are taking part in the Young Quills competition run by the Historical Association, to read and review newly published historical fiction books. Reviews will be published on the Historical Association website once the winner is announced. Further details via the link below.

There are still a few books available if any students are interested in taking part. Please see Mrs McKenna in room C201.

https://www.history.org.uk/secondary/categories/secondary_quills

Mrs McKenna - Head of the History Department



DEBATING
DISCUSSION
GROUP

The King's and KGS debate and discussion group for years 11, 12 and 13 has gone from strength to strength since September. We now regularly have around 90 students who attend, to discuss topics ranging from home politics and international relations, to the philosophical or abstract, problem solving or polarising in intent. We also include some light-hearted topics! We meet monthly and the venue for the club alternates between the two schools, which has proved popular and collaborative.



Our mantra is 'debate does not hate', with emphasis on debating for or against an opinion and not hate the person expressing it. Small group discussion of a question or topic is encouraged over 15 minutes before the question is changed and the groups rotated, to ensure diversity of opinion. We are encouraging confidence to express oneself, the role of the Chairperson, skills for effective argument and active listening. Next term we intend to focus on more formal debating skills, including public speaking, developing a persuasive argument and rebuttal.

Jazz Nite 2023

Jazz Nite returned to St Wulfram's Church this year for the first time since the pandemic.

Jazz Nite this year was a great success. The King's boys were a credit to the school and the Music Department, showcasing the incredible talent and plethora of genres of music the boys not only study, but clearly enjoy. The dedication of all the staff and parent helpers as well as the students is astonishing. The lighting enhanced all the performances and really gave the night a professional standard. The evening featured the Big Band, Senior and Junior Soul Bands, Senior Brass Ensemble, Soloists and many excellent students leading their own ensembles. The performances during the night ranged from Big Band classics and jazz standards such as 'Birdland' and 'Sing Sing Sing' to Disco/ Funk, like Earth Wind & Fire's 'September' and Michael Jackson's 'Don't Stop 'Til You Get Enough'

The evening started by paying homage to the wonderful venue with a rendition of the hymn 'Just For a Closer Walk with Thee' that then linked into a New Orleans inspired second line parade style piece that set the mood for the rest of the evening.

Mr Lond





FOOTBALL

Lower School Football

Despite the best efforts of the weather, with frozen pitches having an impact on the number of games played, the lower school teams have all been in action this half term. The Year 7 team recorded a comfortable 4-2 win against Sir Robert Pattinson Academy in the county cup which sees them through to the next round. Year 8 swept Boston Grammar aside in the first round of their county cup 5-0 and are due to play Haven High on 6 February in the 2nd round. Year 9 produced an assured display away at Haven High to win 3-0, this sees them through to the last 16 of their county cup.

Middle School Football

The Year 10 team's excellent run in the National Cup sadly came to an end at the last 32 stage. The team lost 2-1 in a very tight match against St Mary's Sports College. To reach this stage of the competition is an excellent achievement by the team. Perhaps with some hangover from this 1st defeat of the season, the team then fell to Branston School in the County Cup, losing 3-2. This brought an abrupt end to a competition that the boys would have been amongst the favourites for. They must now target the Kesteven League if they are to bring in any silver wear this season. Year 11 have not played this half term and are due to play in the county cup in the next half term.

Senior Football

Another busy half term for the 1st and 2nd XI has yielded some positive results. The 1st XI recorded a 0-0 draw against QEHS Gainsborough and a 3-2 loss against Carre's in the Lincolnshire Schools Senior Football A league.

The standout result however was the 5-2 victory away at Bourne Grammar which sees the boys advance to the final of the Lincolnshire Schools Senior Cup. The final will be played after half term.

The 2nd XI have continued to produce some solid results. They have recorded two draws 1-1 and 3-3 both against Boston Grammar and are set to continue their league matches after half term.



CROSS COUNTRY

On 14 January, the County Cross Country Championships took place at Burghley House. Following the District Round King's has a strong number of representatives at the event. All of the boys ran well and standout results came from: Theo Bacon (Y7), Joe Monk (Y11), Jamie Neece (Y10) and Archie Bradbury

(Y12). Several boys have now qualified for the Anglian Championships to represent Lincolnshire and we wish them well in their endeavours.

TABLE TENNIS

The U19 table tennis team showed their class on 15 January in the 1st round of the National Championships. The team of Harri Docherty, Sam Cooper, Joe Marlor and Mitchell Lee finished in 2nd place behind a very strong Grantham College team. There were, however, notable wins against Reading School and Bedford School. The team qualified for the next stage of the competition which was held in Blackburn on 4 February. The team once again showed their class in this tournament and have successfully qualified for the U19 National Final. We wish them all the best.

OTHER SPORT

Badminton and Basketball have both made a return to the fixture schedule this half term. King's have played friendlies in both sports against Priory Ruskin. The VI Form badminton team beat Priory 4-2 in their match with some outstanding play displayed from both teams. The KS4 team found life more difficult and were beaten by Priory's team. Many of the KS4 team were playing their first match for the school and this will give them some valuable experience moving forwards.

The KS4 basketball team recorded a 45-29 victory, our thanks go to Miss Vidler who took the boys to the fixture and provided valuable coaching throughout the match.



SOCS

The SOCS system is now well embedded and pupils are making very effective use of this platform. With the Rugby 7s season approaching we are once again asking boys to sign up to their respective 7s practices if they wish to be considered for the tournaments after half term. The sign up window is now open and will be available until 23:30 on 19th February.

Many thanks,

Mr Hulme - Head of the Physical Education Department.

RUGBY

Dame Allan's 27 - 12 King's School Grantham

Our U15 team travelled to Newcastle for a match in the Last 16 of the National Vase competition against Dame Allan's School. In a very competitive game, King's were narrowly beaten by a very strong Dame Allan's team. The long cup run is a reflection of how much this team has progressed this season under the leadership of Mr Calland.

Rugby 7's will begin the first week back after half term starting with Year 7 on Monday. Each age group will compete in at least one tournament in the coming weeks with including the county champions where Year 9's will be looking to defend their title. Pupils are reminded that they need to sign up via SOCS for this.



Combined Cadet Force

The Contingent has been training hard over the last couple of months.

The main aim this term has been weapon handling skills, and training on our new Scorpion air rifles. This will culminate in cadets developing a skills set, and taking weapon handling tests ready for Summer Camp and Range days.

I am still awaiting the final results of last year's BTEC efforts, speed of results does not seem urgent! However my 9 senior cadets this year have a training afternoon with CVQO and their Instructor.

Our leaver's Dinner Night is planned for the 03 May 2023, with guests including Brigadier Guy Foden The Commander of 7 Brigade, Brigadier Stuart Williams OBE Chair of the EMRFCA. A retired Captain and WO1 Mr Pettit GM, QGM, will be attending too, to give a small talk on Bomb Disposal.

Plans are developing to organise our own Summer Camp, as we were not lucky enough to obtain a Summer Camp organised by 7 Brigade. We are contemplating, a day at Rutland Water, A Range Day, and 2 days under canvas, watch this space.

Flt Lt Barton has been very busy organising our team for the National RAF CCF Competition, to be held at RAF Cosford, a training day has been organised for the 04 February 2023.

We are also looking at the new CYBER training activities the RAF CCF are organising, which we hope to participate in at a later date.

The Duke of Edinburgh results at Gold, Silver and Bronze are filtering through, we are constantly updating our Westminster system with positive outcomes.

2 new CFAV staff are beginning the process for joining the Army Section, paperwork is the order of the day for them, hopefully resulting in 2 more Instructors.

We are still awaiting the MOD Medal Office sending through Captain Peter Dunlop's Bar to his Cadet Force Medal.

The Contingent were invited to visit the Air Ambulance Headquarters at Waddington. 12 cadets attended. Cadets were shown the HEMS emergency vehicles and the medical kits they carry. They then had a lecture on first aid and emergency procedures by 2 trauma doctors and a paramedic, the lesson being how important the critical hour is for treatment for any accidents that occur.

2 pilots then introduced the cadets to the Air Ambulance helicopter, discussing its flying radius and the kit it carries, the fact it brings an operating theatre to the side of the road, farms or adventure training areas is amazing.

Cadets then via myself made a presentation of a 200 pound cheque to their charity.

All in all, we have had a very productive term delivering excellent CCF training.

R M Ogg BEM

Lt Col Contingent Commander.



The Game Show Mashup

On the 31 January we hosted the first 'Game Show Mash Up'. Following nine months of preparation by a team of VI Formers. We welcomed a team from Years 8-11 from Priory who grasped victory scoring 120 to 60; winning the Mashup Blender trophy and donating 70% of the money raised to the charity Mind. The remaining 30% went to Help for Heroes. There was a raffle, free tea, and biscuits too! In total we raised £167.53!

The concept for the show originally came from the want of hosting a game show, but when I realised that no-one would just spontaneously make one and pick me as the host, I realised that I could do it myself. Originally it was going to be a club that I would host every week, however, it slowly turned into one big event with teams from different schools. This would not have been possible without the technical expertise of Jackson Bateman who sunk countless hours into the project, who hopes to make the Game Show Mashup an annual event by managing it next year.

A special thank you goes to Mrs Geeson, Lucy Potter, and Samuel Oliver for co-ordinating operations at the Priory Ruskin.

In addition to ASDA who provided most snacks and beverages for the evening via their charity bursary.

Of course, A massive thank you to all the contestants:

- Priory Ruskin: James Whysall, Daisy Baker, Mariana Alkeviades, Tom Geeson and Alfie Brister
- King's: Daniel Pitts, Thom Jones, Stanley Jackson, Nathan Cullen, and Oliver Leeson

Jakub Wilczewski (Year 13)



This term we have had a variety of assemblies and workshops from a number of external presenters to enhance our PSHE and RSE curriculum.

Peter Radford is an experienced leader of personal development and has led assemblies on racism, equality and inclusion and an additional assembly on misogyny. Peter also delivered training to staff on the INSET day in January.

All Year 9 students took part in the Lincolnshire County Council PSHE day on Wednesday 18 January. Five external facilitators led workshops on Online Safety; Healthy Relationships; County Lines and Knife Crime; Drugs; and Road Safety.

British Values

Our House system has always encouraged students to lead assemblies and discuss topical issues. This year students will be exploring the British values of democracy, the rule of law, individual liberty, mutual respect and tolerance of those with different faiths and beliefs. These values were first set out by the government in the 'Prevent' strategy in 2011. Students have enjoyed preparing and delivering assemblies this term on mutual respect.

Safeguarding

We teach pupils about safeguarding through the curriculum and PSHE. This includes guidance on adjusting behaviour to reduce risks; building resilience to protect themselves and their peers; fostering healthy and respectful relationships with others; and providing information about who they should turn too for help.

Pupils are taught about harmful sexual behaviours. This includes sexual violence and sexual harassment through RSE and PSHE education appropriate to their age and stage of development. It tackles issues such as: healthy and respectful relationships; what respectful behaviour looks like; consent; gender roles; stereotyping; equality; body confidence and self-esteem; and prejudiced behaviour.

Pupils are given the opportunity to talk about safeguarding issues within the classroom environment. They are made aware of the processes by which any concerns they have can be raised, including the processes for reporting a concern about a friend or peer and how any report will be handled. Pupils also have the facility to report concerns anonymously through the 'Whisper' link on the student homepage of SharePoint.

The safe use of technology is also a focus in all areas of the curriculum and key ICT safety messages are reinforced as part of assemblies. The school also has appropriate filters and monitoring systems in place.

If you are worried about a child and think they might be suffering abuse or if you have a concern about safeguarding or child protection, please contact Justin Dixon (Deputy Head Master) who is the Designated Safeguarding Lead. Simone Bieber is the Deputy Designated Safeguarding Lead.

Online Safety Presentations for Parents

Alan Mackenzie our online safety consultant delivers workshops and leads regular assemblies on various aspects of online safety throughout the school year. He has also produced a series of videos for parents to support them in guiding their children to use technology appropriately and safely. There are six presentations which will be shared in each newsletter this year.

Video 3 on gaming can be found at <https://vimeo.com/487627625/3c5538740c>

Which University Courses Require Mathematics?

Some university courses require you to have an A level in Mathematics. This will really depend upon the course you choose, and so the best way to explore this is by searching www.ucas.com. Almost all courses that relate to Engineering and some courses in Economics (as well as Mathematics – obviously) require a Mathematics A level.

Some Mathematics Myths

Mathematics is the best A level to have

The best A level to have is one you enjoy and are likely to get the best grade in. Although Mathematics is a well respected A level to have, it's more important to get an A in History than a C in Mathematics A level.

I need to have Mathematics A level to work in Finance

If you do decide you are interested in working in finance or banking, then an interest and aptitude with numbers is important, but for most apprenticeships or graduate jobs, you will be asked to complete a numerical reasoning test – qualifications in Mathematics beyond GCSE are rarely essential.

I need to have a Mathematics A level to study Architecture

Any kind of design requires mathematical skills and some architecture courses and apprenticeships do prefer applicants to have a Mathematics A level, but there the majority will consider you without this. If you are considering applying to Cambridge, some colleges require Mathematics A level for their architecture course, while some don't. Again access: www.ucas.com to learn more.

There are several jobs that spring to mind if you are a gifted mathematician, such as Economist, Accountant, Engineer, Architect, Banker, Teacher, Research Scientist, Software Developer.

But sometimes (as all good mathematicians do) you may need to think outside of the box.

- Logic (urban planning, air traffic control, farming)
- Spatial Awareness (architecture, surveying, engineering)
- Problem Solving (emergency services, the military, aviation, mechanics, medicine)
- Pattern Recognition (computing, music, linguistics, sales analysis, scientific research)
- Strategy (management, leadership, military, logistics, teaching)

University Courses in Mathematics

If you're thinking about university then you could

- Accountancy and Mathematics – University of Dundee (BCC- BBB)
- Actuarial Mathematics – University of Leeds (136-186)
- Computer Science and Mathematics – Nottingham Trent University (112-120 UCAS points)
- Mathematics – University of Cambridge (160 points)

Apprenticeships with Mathematics

If you're thinking about apprenticeships, some may require Mathematics or others will suit you if it's an area of interest for you. Here's a sample of a few you could consider.

- Data Science Degree Apprenticeship, GSK - £18,000 for first year
- Software Engineering (degree apprenticeship). CGI – competitive salary promised
- Engineering Degree Apprenticeship, Rolls Royce - £19,000
- Audit Apprenticeship, KPMG - competitive salary promised

For more information look at www.ucas.com for university courses and apprenticeship, and also www.gov.uk/apply-apprenticeship, www.notgoingtouni.co.uk, www.allaboutschoollleavers.co.uk



PERSONAL, SOCIAL, HEALTH AND ECONOMIC (PSHE) EDUCATION

The King's Schools PSHE programme is designed to give students the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain. PSHE ensures that every boy has the knowledge on how to be safe, how to make a positive contribution, how to achieve economic well-being and how to live long healthy lives. PSHE is split into six different themes which include: Sex and Relationships, Health, Economic Education, Careers, Society and Values.

The key themes are covered in different terms throughout the academic year:

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Sex and Relationships	Health Education	Financial Education	Careers	Society	Values

As you can see from the table, this term students have focused their learning on Sex and Relationships:

- Year 7's includes discussion on keeping our minds as well as our bodies healthy. Yr7's also look at how to support one another with health. During this term students are also given lessons on basic first aid. At this stage students look at: Basic first aid, The recovery position, calling an ambulance, what is in a first aid box? And First aid at school
- Year 8 looks at health and its importance in our lives. Students look at healthy eating, exercise including keeping our hearts healthy, as well as mental health. During this term students are also given lessons on basic first aid. At this stage students look at: Basic first aid recap, what is CPR, Performing CPR, what is a defibrillator and public access defibrillators
- Year 9 includes investigation into health and its importance in our lives. Students look at healthy living and mental health. Personal hygiene is also discussed along with viruses; how they can be spread and how they can be prevented. During this term students are also given lessons on basic first aid. At this stage students look at: Basic first aid recap, what is CPR, Performing CPR, what is a defibrillator and public access defibrillators
- Learning in Year 10 focused on looking more deeply at drugs, alcohol, and tobacco. Students investigate the damaging effects including vaping on the body. This unit looks at emotions and how to balance feeling we may have. Finally, this topic looks at getting the right nutrients for our bodies. During this term students are also given lessons on basic first aid. At this stage students look at: Basic first aid at home, Videos on basic first aid including: severe bleeding, hearts attack, stroke, CPR, burns, asthma attacks, choking and eye injuries.
- Health in Year 11 further develops learning from previous years. These sessions focus on mental health stigma and where to get further support. The unit also looks at reproductive health and addiction. During this term students are also given lessons on basic first aid. At this stage students look at: Basic first aid at home, Videos on basic first aid including: severe bleeding, hearts attack, stroke, CPR, burns, asthma attacks, choking and eye injuries.

All the resources used in PSHE lessons are available to view on SharePoint and can be found here:

https://kingsgr.sharepoint.com/sites/KSG_Subjects_PD

Additional Resources for further Health Education at home:

Get Britain Talking ITV campaign: [Britain Get Talking | Home \(itv.com\)](https://www.britaingettalking.com/) The world's a lot for teenagers right now. Exam results, developing identities, raging hormones, a global pandemic, bullying, social media comparisons, climate anxiety, family issues, and the list goes on. Almost half of young people struggle with anxiety and recently more than 400,000 children and young people a month are being treated for mental health problems – the highest number on record. Connecting with each other through conversations can ease stress and reduce anxiety. Although it can feel difficult and awkward to open up and discuss some of these issues, it's important to keep trying - because it can take time to break through.

Mind: [How to support young people with mental their health - Mind](https://www.mind.org.uk/information-support/young-people-mental-health/) When you're living with a mental health problem, or supporting someone who is, having access to the right information is vital. This information is for parents, carers, family members and guardians supporting a young person with their mental health and wellbeing.

Health for Teens: [Health For Teens | Everything you wanted to know about health](https://www.healthforteens.com/)

Health for Teens introduces a new and different way for young people aged 11-19 to learn about their health. This website features bite-sized information on a comprehensive range of physical and emotional health topics for teenagers, including healthy eating, body image, managing stress, advice on relationships, puberty, sexuality and much more. This website is primarily a health promotion website, covering subjects that promote a healthy body and mind. Links are provided to further information if needed. Users can also find out about accessing support from local services. This website is not about managing serious illnesses, for which more specialist websites already exist, but we've signposted to them where they are applicable. All content has been produced by school nurses, a whole range of other health and wellbeing experts, and most importantly young people. School nurses are always supporting young people to stay happy and healthy.

If you have any questions please contact Miss Leek on the email: Kassie.leek@kings.lincs.sch.uk

CO-CURRICULAR ACTIVITIES

TERM 4

MONDAY

Activity	Room/venue	Time	Member of staff responsible	Year groups who can attend
Senior Choir Bases	C204	8.45am-9.10am	Mr Cook	Invitation Only
A level English Literature Club	T401	8.45am-9.10am	Mr McLauchlan	A level Literature Students
Economics and Business Studies A level Grade Booster Session (Week B)	S203	12.40pm-1.40pm	Mr Anderson Miss Leek	Year 13
Senior Soul Band	Rehearsal Room	12.45pm-1.15pm	Mr Lond	Invitation Only
D&T NEA Coursework	C101 and C102	12.45pm-1.30pm	Mrs Beedham	Year 11
Eco Committee	N204	1.00pm-1.30pm	Mrs Evans	All Year Groups
LGBTQ+ Club	T202	1.00pm-1.30pm	Mr Hollingworth Miss Leek	All Year Groups
Clarinet Ensemble	C203	1.00pm-1.30pm	Mrs Lond	Invitation Only
Drama Club	T301 & Hall	1.00pm-1.30pm	Mr Kearney Joe Daniels	All Year Groups
Art Activity Session (Week B only)	T101	1.00pm-1.40pm	Mrs Howden	Year 7 & 8 (20 maximum)
Debate/Discussion Club	S101	1.00pm-1.40pm	Mrs Cunningham	Year 12 & 13
Debate/Discussion Club	S102	1.10pm-1.40pm	Mrs Cunningham	Year 11
GCSE Speaking Preparation/ Grammar	N205	1.10pm-1.40pm	Mrs Copeman	Year 11
Warhammer	N205	3.45pm-4.45pm	Mrs Copeman	All Year Groups
Football	Field	4.00pm-5.00pm	Mr Richardson	Year 8
Football	Field	4.00pm-5.00pm	Mr Burnett	Year 10
Cross Country	Field	4.00pm-5.00pm	Mr Hollingworth	All Year Groups
History Revision	C202	3.45pm-5.00pm	Mrs Law	Year 11
King's & KGGS Debate/ Discussion (Monthly)	King's or KGGS	4.00pm-5.30pm	Mrs Cunningham, Mr Baker (KGG Teacher) & Ms Tibbett (Parent Volunteer)	KS5 (Sign up in room N102 or S101)
Rugby 7s	Field	4.00pm-5.00pm	Mr Lindsay	Year 7

CO-CURRICULAR ACTIVITIES

TERM 4

TUESDAY

Activity	Room/venue	Time	Member of staff responsible	Year groups who can attend
Senior Choir Altos	C204	8.45am-9.10am	Mr Cook	Invitation Only
Indoor Cricket	Gym	12.35pm-1.10pm	Mr Hulme	Year 7
Classics Club	C201	12.40pm-1.10pm	Mrs McKenna	Year 7 & 8
D&T NEA Coursework	C101 and C102	12.45pm-1.30pm	Mrs Beedham	Year 11
Whist Club	N103	1.00pm-1.30pm	Mrs Newton	All Year Groups
Concert Band	Rehearsal Room	1.00pm-1.30pm	Mr Lond	Invitation Only
String Ensemble	C203	1.00pm-1.30pm	Mrs Brown	Invitation Only
Junior Choir	C204	1.00pm-1.30pm	Mr Cook	Year 7 & 8
Warhammer	N205	12.40pm-1.30pm	Mrs Copeman	All Year Groups
Debate and Discussion Group	S101	1.10pm-1.40pm	Mrs Cunningham	Year 12 & 13
Debate and Discussion Group	S102	1.10pm-1.40pm	Mrs Cunningham	Year 11
Books & Biscuits Club	Library and SSC	3.45pm-4.30pm	Mr Kearney Miss Harper	Year 7, 8 & 9
Fine Art – Open Studio Time	N302	3.45pm-5.00pm	Mrs Warley	Year 10, 11, 12 & 13 Art Students
Football	Field	4.00pm-5.00pm	Mr Burnett	Year 7
Rugby 7s	Field	4.00pm-5.00pm	Mr Calland	Year 10



CO-CURRICULAR ACTIVITIES

TERM 4

WEDNESDAY

Activity	Room/venue	Time	Member of staff responsible	Year groups who can attend
Equality and Inclusion	Sixth Form Centre	8.50am-9.10a,	Mr Pickett	All Year Groups
History Book Club	B206	12.40pm-1.10pm	Miss Ginnelly Mr Martin	Year 7, 8 & 9
Card RPG and D & D Club	C205	12.20pm-1.30pm	Mrs Copeman	All Year Groups
D&T NEA Coursework	C101 and C102	12.45pm-1.30pm	Mrs Beedham	Year 11
Basketball	Gym	12.50pm-1.30pm	Mr Pickett	KS4
Fine Art – Open Studio Time	N302	1.00pm-1.30pm	Mrs Warley	Year 10, 11, 12 & 13 Art Students
French and Cakes (Advanced grammar - beyond GSCE level)	N305	1.00pm-1.30pm	Mrs Roberts	Year 11
Parliamentary Debate Club (Week A Only)	S101	1.10pm-1.40pm	Mrs Cunningham & VI Form	Year 8, 9 & 10
Economics and Business A level Grade Booster Session	S203	1.15pm	Mr Anderson Miss Leek	Year 13
Football	Field	4.00pm-5.00pm	Mr Hulme	Year 9
Rugby 7s	Field	4.00pm-5.00pm	Mr Lindsay	Year 11



CO-CURRICULAR ACTIVITIES

TERM 4

THURSDAY

Activity	Room/venue	Time	Member of staff responsible	Year groups who can attend
Chess Club	T103	12.40pm-1.40pm	Mr Davies	Year 7, 8 & 9
Politics – Exam Skills Workshop	B206	12.40pm-1.00pm	Mr Martin	Year 13
DT NEA Coursework	C101 and C102	12.45pm-1.30pm	Mrs Beedham	Year 11
F1 Club	T403	12.45pm-1.30pm	Mr Clack	All Year Groups
Grade 9 English Literature Club	T401	12.45pm-1.20pm	Mr McLauchlan	All Year 11 Students
Basketball	Gym	12.50pm-1.30pm	Miss Vidler	KS3
Homework Club	B101	1.00pm-1.30pm	Mr Gilbert Mr Lindsay Joe Daniels (Head Boy) VI form	Year 7, 8 & 9
Fine Art – Open Studio Time	N302	1.00pm-1.30pm	Mrs Warley	Year 10, 11, 12 & 13 Art Students
KS3 Languages Club	N305	1.00pm-1.30pm	Year 12 (Supervised by Mrs Roberts)	Year 7, 8 & 9
Junior Percussion Ensemble	Rehearsal Room	1.00pm-1.30pm	Mr Richmond	Invitation Only
Senior Choir Tenors	C204	1.00pm-1.30pm	Mr Cook	Invitation Only
Brass Ensemble	C203	1.00pm-1.30pm	Mr Greenfield	Invitation Only
CCF	Quad and Classrooms	3.45pm-5.00pm	Lt Col R Ogg, SSI S Pulfrey, Mrs P Barton Mr M Davis, Mr C Bufton, Mr R Gait, Mr P Dunlop	Year 9, 10, 11, 12 & 13
CCF BTEC	Classrooms	3.45pm-5.00pm	SSI S Pulfrey	Year 13 CCF
Badminton	Sports Hall	4.00pm-5.00pm	Mr Hulme	All Year Groups
Rugby 7s	Field	4.00pm-5.00pm	Mr Gilbert Mr Lindsay	Year 8 Year 9



CO-CURRICULAR ACTIVITIES

TERM 4

FRIDAY

Activity	Room/venue	Time	Member of staff responsible	Year groups who can attend
Senior Choir Trebles	C204	8.45am-9.10am	Mr Cook	Invitation Only
Chess Club	T103	12.40pm-1.40pm	Mr Davies	Year 10, 11, 12 & 13
World Cup Club	S202	12.40pm-1.40pm	Mr Rushall	All Year Groups
History Revision	C201	12.40pm-1.40pm	Mrs McKenna	Year 11
Board game club	N304	1.00pm-1.30pm	Mrs Hansen	Year 7, 8 & 9
Senior Percussion Ensemble	Rehearsal Room	1.00pm-1.30pm	Mr Richmond	Invitation Only
Saxophone Ensemble	C203	1.00pm-1.30pm	Mr Lond	Invitation Only
DT Graphics Revision	C101	1.05pm-1.35pm	Mrs Beedham	Year 11 Graphics Students
R.E Revision Drop-in	S101	1.10pm-1.40pm	Mrs Cunningham	GCSE students
CCF Shooting Club	Gym	3.45pm-6.00pm	SSI S Pulfrey Mr Dunlop	CCF - Year 9, 10, 11, 12 & 13
Big Band	Rehearsal Room	3.45pm-5.00pm	Mr Lond	Invitation Only



Calendar

Monday 20 February	Term 4 Starts Y13 Mock Examinations continue this week
Wednesday 22 February	Y11 Macbeth Trip – Palace Theatre Newark – 18:30 Y7 LCC PHSE Day – Newton Block Classrooms Y7 & Y11 HoY Intervention Meetings
Thursday 23 February	Y9 Dual Vaccinations – AM – Old School PTFA Meeting – W101 – 19:00
Monday 27 February	Y11 Mock English Examination – Gym & Hall - am
Tuesday 28 February	Old Boys Meeting – W101 – 19:00
Wednesday 1 March	Tim Ward - Counsellor - 10:00 - 16:00 - Tombs room Y12 Geography Fieldwork - Hull
Thursday 2 March	Y11 Parents' Evening - 16:15 - 19:15 - Hall
Saturday 4 March	Silver D of E Training Day
Wednesday 8 March	House Assemblies during form period: Curteis (Old School) Newton (Hall)
Tim Ward - Counsellor - 10:00 - 16:00 - Tombs room Y10 CAT 2 Report issued to parents	
Tuesday 14 March	Y11 Careers Meetings (All Day) Tombs room
Wednesday 15 March	House Assemblies during form period: More (Hall) School (Old School) Tim Ward - Counsellor - 10:00 - 16:00 - Tombs room
Spring Concert - 19:00 - 20:30 - Hall	
Thursday 16 March	Y10 Careers Fair - All Day - Old School
Monday 20 March	Y11 Careers Meetings (All Day) Tombs room Y10 Geography Fieldwork - River Witham Y10 HoY Intervention Meetings

Calendar

Tuesday 21 March	Y11 Careers Meetings (All Day) Tombs room Y10 Geography Fieldwork - River Witham Governor Meeting 18:00 - 20:00
Wednesday 22 March	House Assemblies during form period: Burleigh (Hall) Foxe (Old School) Y10 Geography Fieldwork - River Witham
Thursday 23 March	Y10 Geography Fieldwork - River Witham
Monday 27 March	Y11 Careers Meetings (All Day) Tombs room Careers Advisor & Careers Talk - 16:30 - 17:30 - Old School
Tuesday 28 March	Y12 Careers Meetings (All Day) Tombs room House Awards Evening - 18:30 - 20:00 - Hall
Wednesday 29 March	Whole School Photograph - 11:00 - Playing field Tim Ward - Counsellor - 10:00 - 16:00 - Tombs room Y12 Reports issued to parents D of E Parents Meeting - 17:00 - 18:00 - Hall
Friday 31 March	End of Term 4 @15:45
Sunday 2 April	Geography Iceland Trip Departs to 6 April





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